

Privacy Policy
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Contact:

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1. Introduction

This Privacy Policy explains how Jacob Schmitz Psy.D. (“I”, “me”, “my”) collects, uses, and protects information when you access my website. I am committed to protecting your privacy and complying with applicable privacy laws in New Zealand (Privacy Act 2020) and the United States (HIPAA where applicable).

2. Information We Collect

I may collect the following information when you visit my website:

- **Personal Information:** Name, email address, phone number, or any other information you provide through contact forms.
 - **Technical Information:** IP address, browser type, operating system, pages visited, time spent on the website.
 - **Cookies & Tracking:** My website uses cookies and similar technologies to improve your website experience, measure usage, and understand preferences. These can be disabled at any point by you.
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3. Use of Collected Information

Information collected may be used for:

- Responding to inquiries for possible provision of services.
 - Website analytics and performance improvements.
 - Compliance with legal and professional obligations under NZ and US law.
 - Communication about updates, services, or resources (if you consent).
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4. Cookies

My website uses cookies to:

- Improve user experience.
- Analyze website traffic.
- Personalize content.

You can manage or disable cookies in your browser settings if you prefer not to share this information.

5. Information Sharing

I do not sell or trade your information. I do not otherwise transfer your personal information to outside parties except:

- To comply with legal obligations.
 - To protect rights, safety, or property.
 - When working with trusted service providers who help operate the website or provide services, under strict confidentiality agreements.
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6. Data Security

I implement reasonable administrative, technical, and physical safeguards to protect your personal information on this website. While I strive to protect your data, please be mindful that no transmission over the internet or electronic storage is completely secure.

7. Your Rights

Under NZ Privacy Act 2020 and relevant US laws:

- You can request access to your personal information.
- You can request correction of inaccurate information.
- You can withdraw consent for direct marketing communications.

Requests should be made via our contact information as noted in this document.

8. HIPAA Compliance (for US users)

Where applicable, I maintain HIPAA-compliant practices to ensure the confidentiality, integrity, and availability of Protected Health Information (PHI) collected through electronic communications.

9. Changes to This Privacy Policy

I may update this policy from time to time. The latest version will always be available on my website with an updated effective date.

10. Contact Me

If you have any questions or concerns about this policy, or your personal information, please contact me at:

Email: jacob@drjacobschmitz.com

Phone: +64 22 649 2328 (NZ) +1 (804) 404 3735 (USA)